THE RICE CHALLENGE

Or the ‘Don’t give up challenge’ ☺

BEFORE YOU START

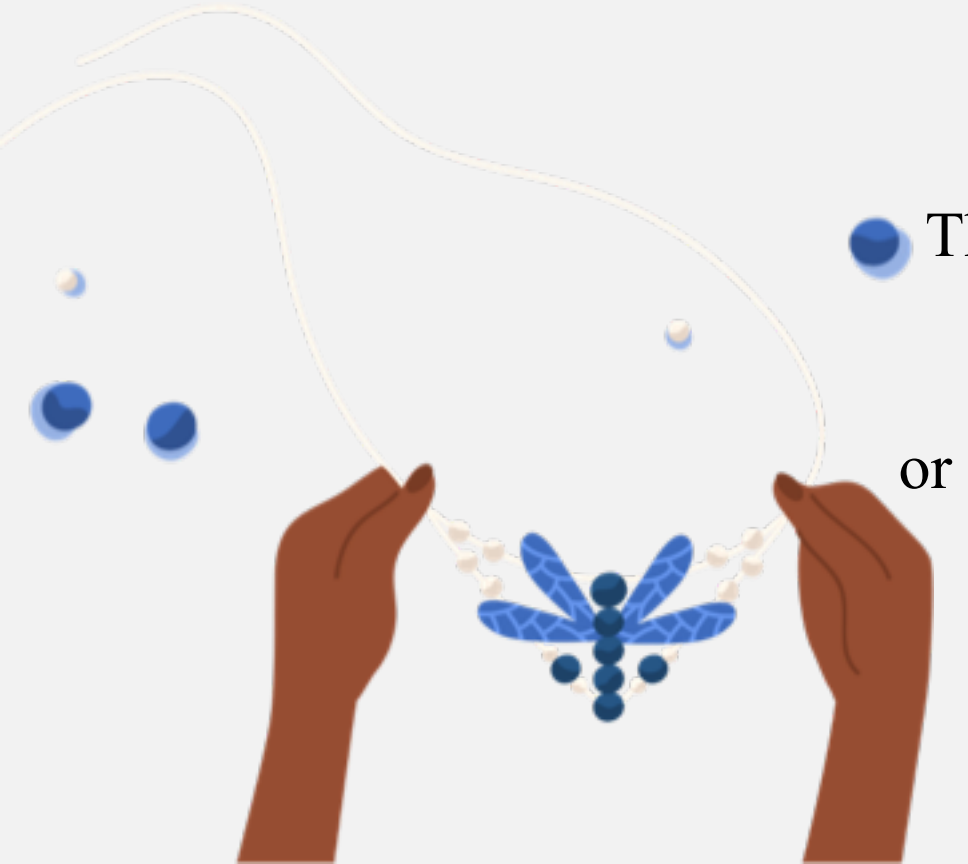
Find a quiet place and take some time to read the whole challenge!

Now, make a quick time table for the challenge
are you going to do it all at once
will you set aside some time daily for this
will you wait and do it later?

There is no right answer for this – its your journey!.

As you go through the challenge,
check if you are maintaining the timetable,
or do you change it – add the changes when you do it.

Now – Get, set….Grow!! ☺



WHY RICE ?

Rice is the humble food that is part of every day meal for many people in different parts of the world.

It is the act of balancing that makes a perfect bowl of rice.

The beauty of rice is, it is one of the most inclusive grain. It can take on different ingredients and flavors to become into a delicious recipe!

Through the week, enjoy the company of the rice and while you will learn the secrets of the this grain don't be surprised that you will learn some secrets about yourself!!

RIVERSIDE
NEW ORLEANS

LEVEL 1

Balancing Act!

It might look simple – but cooking perfect rice is both an art and a science!

The right kind of grain, the perfect measurement, precise cooking timing – and finally, when the 'rice' has that wonderful aroma –it's a combination of math, science and a little bit of magic!!

30 minutes | Kitchen | Self directed

Activity steps

1. **Observe** carefully how your mother/father/adult in the house cooks rice

2. Now – the fun starts – **Take the ingredients and ask an adult to help you to make the rice**

3. The secret here is to get the perfect balance between the quantity of rice, water and the time required for cooking.

4. Take a picture of the different combinations you make [over a period of time] to finally cook the perfect rice!

1. Well done! You are now a Rice MasterChef!!

DO NOT FORGET TO CLEAN UP AFTER FINISHING THE TASK.

Submission Day 1 : *Post pictures of your rice timeline along with the 'time' it took for you from the first to the final one. Also send us the timetable you had created.*

RIVERSIDE ONLINE

Level 2
EXPLORE!

Go on a treasure hunt in the kitchen – find ingredients that you would like to add to the rice and make a new recipe! Maybe sweet, maybe salty, maybe spicy? Be creative!

1. What will you call your new rice dish?

2. Write down your recipe after you are are done!

3. Did you enjoy eating the rice you made? What was the feeling you had when you served it to your family?

Now it gets interesting!

1. Did you see the **Math** in this challenge?

2. What concept it being used here? If you were to write the recipe as a math formula – how will you do it?

1. Remember to clean up after you finish.

Submission: *A small tutorial on making the perfect rice and post the formula and the pictures of the creatives…*

Booster Challenge

At your time

Have you wondered why the rice is such a special part of our meals?

How many kinds of rice have you eaten?

Find at least 1 rice recipe that is unique to your country and any 2 other countries

Good to know

Where does rice grow in our country? Find at least 4 places on the map.

How many kinds of rice are available in your local grocery shop.

REFLECT

If there was only one bowl of rice left – who would you share it with and why?

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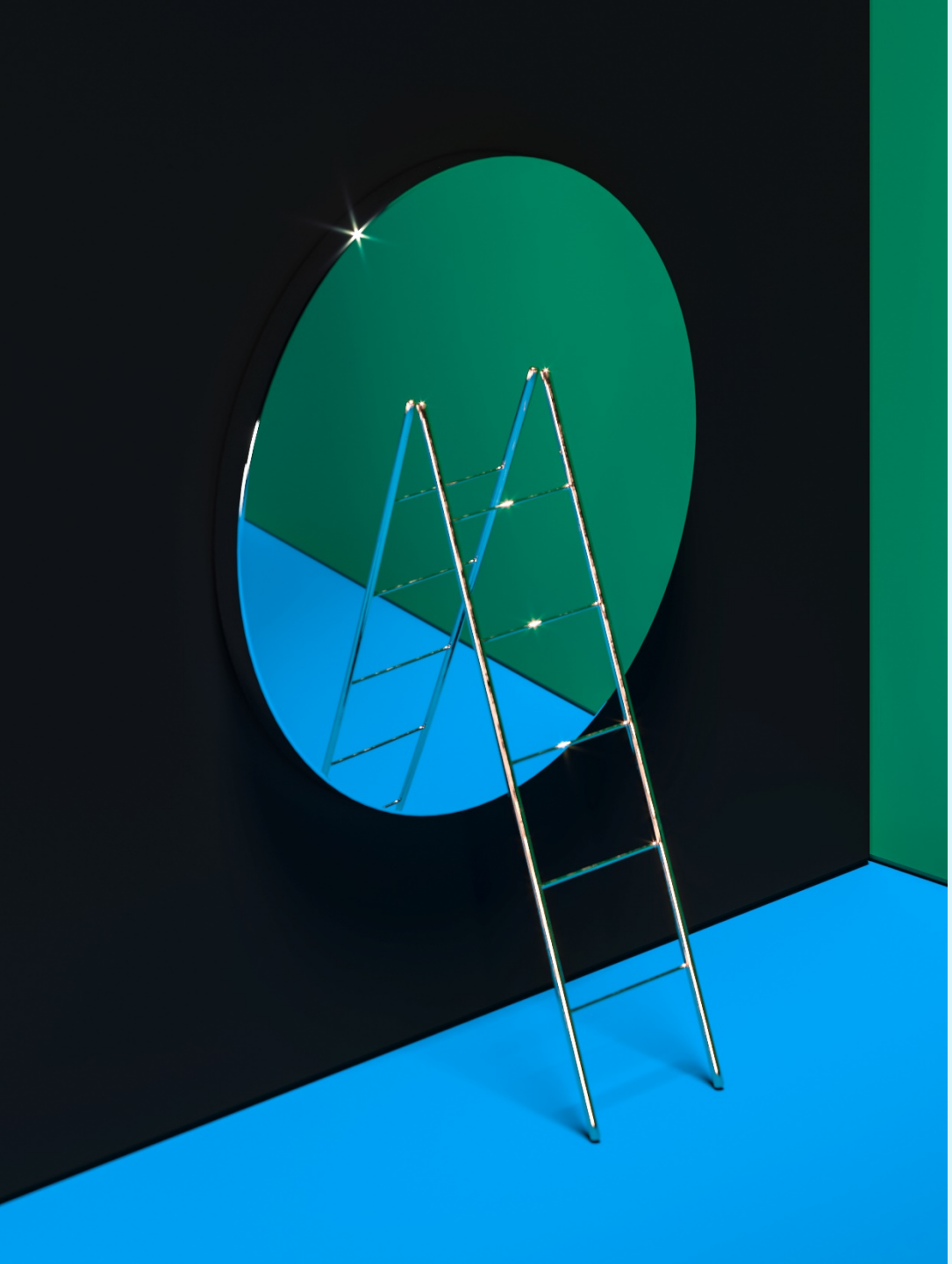
Level 3

The Final piece of the puzzle!!

Now I know – how do I show ☺

No talent is worth it if not shared – someone once said, “When you teach, you learn twice’!

So, for this level –bring all that you have understood and teach **your family member** how to make the perfect Rice!!



FINAL REFLECTIONS

1. What did you learn about ‘**Not giving up**’ ?
2. How and when will you use all you learned through this challenge?
3. And finally - how do you feel about rice on your plate now ☺

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Have a great time !

RIVERSIDE

ONLINE